

# CLARK'S BOXING GYM

## JAN. 21 - MAY 14

**\$39\***  
FULL SEMESTER  
**PASS**  
\*\$29 FOR TIGERX  
MEMBERS

**BOXMASTER® CLASSES  
REQUIRE RESERVATIONS.**  
  
Visit [services.mizzourec.com](http://services.mizzourec.com)  
to secure your place in class.  
Reservations can be made no more  
than 24 hours in advance.

MONDAY	TUESDAY	WEDNESDAY
7:00-3:45 PM OPEN GYM 4:00-4:45 PM BOXMASTER® 5:00-5:45 PM BOXMASTER® 6:30-7:15 PM BOXMASTER®	7:00-3:45 PM OPEN GYM 4:00-4:45 PM BOXMASTER® 5:00-5:45 PM BOXMASTER® 6:00-6:45 PM BOXMASTER®	7:00-12:45 PM OPEN GYM 1:00-1:45 PM BOXMASTER® 2:00-2:45 PM OPEN GYM 3:00-3:45 PM BOXMASTER® 4:00-4:45 PM BOXMASTER® 5:00-6:15 PM OPEN GYM 6:30-7:15 PM BOXMASTER®
THURSDAY	FRIDAY	<p><b>DOWNLOAD THE NEW MIZZOUREC APP</b> FOR NOTIFICATIONS ABOUT CLASS UPDATES.</p>
7:00-2:45 PM OPEN GYM 3:00-3:45 PM BOXMASTER® 4:00-4:45 PM BOXMASTER® 5:00-5:45 PM BOXMASTER® 6:00-6:45 PM OPEN GYM	7:00-2:45 PM OPEN GYM 3:00-3:45 PM BOXMASTER 4:00-4:45 PM BOXMASTER	
SATURDAY	SUNDAY	
12:00-12:45 PM BOXMASTER®	3:00-3:45 PM BOXMASTER® 4:00-5:00 PM OPEN GYM	

## CLARK'S BOXING GYM CLASS ETIQUETTE & POLICIES

- Reservations are required for classes since space is limited, and can be made no more than 24 hours in advance.
- Reservations are forfeited and given to waitlist members if arriving less than 5 minutes prior to start of class.
- Instructors reserve the right to cancel class if no members have signed up 15 minutes prior to start of class.
- Instructors reserve the right to deny entry to members after the warm-up period has ended.
- Please wait on the wood benches outside zouLIFE for BoxMaster® classes.
- Drop-in orientation for those who wish to use open gym ONLY occurs 10 minutes prior to all classes.
- Wraps and gloves are required for classes and open gym and are available for purchase in zouLIFE.
- No backpacks, bags, or personal items are allowed in this space. Please use lockers to store personal items.

**\$9**  
ONE CLASS  
**PASS**